



Centre Stage is an exciting programme designed to help students learn English and boost their confidence through the engaging world of drama. Students will embark on a journey of discovery, creativity and self-expression while improving their listening, reading, writing and speaking skills in a fun and interactive manner.

Through drama activities, games, and performances, students will have the opportunity to explore various language skills and develop their overall proficiency.

Duration: 2 hours per lesson

Option A: Students will learn to write and design their own scripts Option B: Scripts provided

1 Introduction to Drama

- Ice-breaker: Name game
- Game: Zip, zap, zop
- Introduction: Drama terms
- Programme goal
- Game: Charades
- Group discussion: Teamwork and collaboration in drama
- Teamwork: (1) Human knot, (2) Big, tiny...action!

2 Body Movement and Expression

- Warm-up: Zork says
- Introduction: Mime and gestures to express emotions and actions
- Practice: (1) Cross the street,(2) Television
- Script writing: (1) Elements of a script,
 (2) Brainstorming ideas
- Cool-down: Tree

3 Voice Projection and Articulation

- Warm-up: Pass the energy
- Introduction: Voice projection and articulation
- Practice: (1) Tongue twisters,
 (2) Emotion lines, (3) Telephone
- Script writing: Story framework and plot
- Cool-down: Grandma steps

4 Character Development

- Warm-up: Look up, look down
- Introduction: Character analysis and exploration
- Practice: Angel and devil
- Character's mannerisms
- Script writing: (1) My character, (2)
 Character's speech
- Cool-down: Character interview



5 Physicality and Movement

- Warm-up: Walk, walk, stop!
- Introduction: Physical movement in drama
- Physicality: Body gesture and posture
- Practice: Walk like a ...
- Script writing
- Cool-down: Slow motion mime

6 Improvisation and Creative Thinking

- Warm-up: Where am I?
- Introduction: Improvisation and creative thinking
- Practice: (1) Soundscapes,
 (2) Alternative uses
- Script writing: Practice and enhancement
- Cool-down: Guard the ...

7 Stage Movement and Blocking

- Warm-up: Up, down, left, right
- Introduction: Stage directions and spatial awareness
- · Practice: Dodgems
- Drama: Blocking
- Practice: Move and freeze
- Teambuilding: Living picture
- Script writing: (1) Stage directions and blocking, (2) Props and costumes

8 Technical Elements and Production

- Warm-up: Sound effects challenge
- Introduction: Lighting, sound, props and costumes
- Preparation: Props and costumes
- Interval: Sound and motion
- Rehearsal
- Cool-down: Give me a smile!

9 Rehearsal and Refinement

- Warm-up: 1, 2, 3, buzz
- Review: Gestures and facial expressions
- Practice: Gibberish conversation
- Rehearsal and technical run
- Discussion: Overcoming stage fright
- Cool-down: Pass the ...

10 Performance and Reflection

- Warm-up: Voice and body
- Teambuilding: Mirror mirror
- Preparation and final performance
- Post-performance reflection
- Cool-down: Wink murderer



